



Our Bronze Tour is the right program for those who want to cross the Monte Rosa on low technical level; most of the time we will walk along glaciers and the summits we want to reach have no climbing difficulties. During these four days, we have the chance to summit some of the most popular peaks over 4000 meters of the area, including the P.ta Gnifetti where the Margherita hut stands.

**Program:**

- 1<sup>st</sup> day:** Meeting with the guide in Staffal around 13:30p.m. - Equipment check. With the lift system, we arrive at Colle Bettaforca. From there we start the nice walking to the Q. Sella hut. The last part of the trail follows a nice rock ridge equipped with iron steps and ropes. We overnight in the hut.  
 ↑ 3:30 hours - 850m
- 2<sup>nd</sup> day:** Departure around 6:00 depending on the period of the year. At the beginning, the Felik glacier is not too steep and it helps us to warm up the legs. We easily arrive at the beginning of the steep slopes that goes up to the Felik Pass. Arrived to that pass we finally reach the nice ridge that we follow until the top of Castore. The descent goes along the same itinerary.  
 ↑ 3:30 hours 650m ↓ 2:00 hours 650m
- 3<sup>rd</sup> day:** departure at around 6:00 depending on the period of the year. From the hut, we walk along the West Lys Glacier, just below the Lyskamm south face. We arrive at the base of the Naso del Lyskamm. Depending on the condition, we can climb it along the snow face or following the rocks on the left. From the top, we go down along a steep snow face to the Lys Glacier. We cross it in direction of the Col Vincent and the Piramide Vincent, our second 4000 meters peak of the day. From here, a gentle descent goes down to Rifugio Gnifetti, where we overnight.  
 ↑ 4:30 hours 950m ↓ 2:30 hours 880m
- 4<sup>th</sup> day:** Departure around 5:00 depending on the period of the year. We hike up along the Lys Glacier up to the Lys Pass (4260m), where normally we stop to eat and drink and to admire the great view. In front of us, the second part of the ascent with the Margherita hut looking still quite far. After a short descent, we traverse below the Parrotspitze and we start the last ascent to the Colle Gnifetti. From here the last effort to climb, the infamous “rivetto” and finally you stand on the balcony of the hut! The descent is along the same itinerary. Once back to Rif. Gnifetti we keep going down to P.ta Indren station where we take the lift down to Staffal.  
 ↑ 3:30/4:30 hours 950m ↓ 3:00 hours 1300m

**You have to know:**

**Accommodation:** 2 nights at Q. Sella hut (3585m) with half board service



1 night at Gnifetti hut (3647m) with half board service



- Meeting point:** At 13:30p.m. in our office in Staffal (Hotel Nordend near to the bar FZRY).
- Requirements:** no particular technical difficulties; just the traverse of Naso del Lyskamm has some easy rocks and steep snow slopes. This tour is suitable for hikers in really good shape.
- Equipment:** See the equipment list below.
- Weather:** In the high mountains, even in summer, there could be extreme weather conditions. Three/four days before the tour/trip, we will check the weather forecast in the area, and we will inform you about it!
- Leading Guide:** Mountain Guide or Asp. Guide of Guidemonterosa. shortly before the tour, you will get the phone number of the guide. For all other questions, please contact our office.

**Services and prices:**

- Services included:**
- Mountain Guide IFMGA for 4 days
  - 2 Overnight in rifugio Quintino Sella (3585m) in halfboard
  - Overnight in Capanna Gnifetti CAI (3647m) in halfboard
  - Cable car Ticket Staffal-Bettaforca and Punta Indren-Staffal
  - Equipment: Harness, crampons ice axe/sticks,
  - Special Price for rental Boots in Ambaradanspitz
  - Organization of your stay in Gressoney

- Prices:**
- 1 participant: Euro 2000,00
  - 2 participants: Euro 1200,00 per part.
  - 3 participants: Euro 965,00 per part.
  - 4 participants: Euro 850,00 per part.

**Additional costs:** drinks, lunches, travel expenses, if necessary, equipment.

Helpful for preparation:

- Apparel / Clothing: We recommend functional clothing / layering principle so you can react to the different temperatures.
- Boots: Mountaineering boots for crampons.
- Lunch: Snacks and drinks you can buy in the hut. Please take some snacks and drinks with you.
- Backpack: Do not put too many things! You will be amazed how few things you need. Functional clothing for the day and a change shirt for the hut is usually enough. At the end, you have to carry your backpack. We recommend a backpack with 30-40L.
- Maps: Monte Rosa - Alte valli d' Ayas e del Lys L'Escursionista | ESC08 | 1:25000  
Swisstopo – No. 294 Gressoney 1:50000

For any further questions...

We are happy to help you for any further questions. Please contact our office.  
The equipment list is attached below.

Equipment list

All you need for this event is marked as

Apparel / Clothing

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Mountain jacket Gore-Tex                                       | <input checked="" type="checkbox"/> Gloves                          |
| <input checked="" type="checkbox"/> Poss. light mountain pant Gore-Tex                             | <input checked="" type="checkbox"/> Warm, breathable clothing       |
| <input checked="" type="checkbox"/> Robust and elastic mountain pants for example Soft Shell pants | <input checked="" type="checkbox"/> Trekking / Mountaineering socks |
| <input checked="" type="checkbox"/> Spare underwear  | <input checked="" type="checkbox"/> Beanie / headband               |

Additional material

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Sunglasses with high protection            | <input checked="" type="checkbox"/> Water bottle                           |
| <input checked="" type="checkbox"/> Sun-tanning crème / lip balm - lip care    | <input checked="" type="checkbox"/> Pocket knife                           |
| <input checked="" type="checkbox"/> Light toiletry not too much                | <input checked="" type="checkbox"/> Alpine club identification CAI/DAV/SAC |
| <input checked="" type="checkbox"/> Event. silk sleeping bag                   | <input checked="" type="checkbox"/> ID / Passport                          |
| <input checked="" type="checkbox"/> Poss. photo equipment                      | <input checked="" type="checkbox"/> Poss. Oropax                           |
| <input type="checkbox"/> Poss. first aid kit to coordinate with mountain guide | <input checked="" type="checkbox"/> Poss. map                              |
| <input checked="" type="checkbox"/> Headlamp with spare batteries              |  |

Boots / Gaiter

- |   |  |
|---|--|
| <input type="checkbox"/> Mountaineering/Trekking boots                | <input type="checkbox"/> Climbing boots    |
| <input checked="" type="checkbox"/> Mountaineering boots for crampons | <input checked="" type="checkbox"/> Gaiter |
| <input type="checkbox"/> Approaching boots                            |  |

Technical mountaineering material

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Harness                           | <input type="checkbox"/> Helmet  |
| <input checked="" type="checkbox"/> 1 x HMS screwgate carabiner       | <input type="checkbox"/> Chalk bag                                       |
| <input type="checkbox"/> 2 x HMS screwgate carabiner                  | <input type="checkbox"/> 1 x Ice screw                                   |
| <input type="checkbox"/> Quickdraw                                    | <input checked="" type="checkbox"/> Crampons with anti-balling/anti-snow |
| <input type="checkbox"/> Belay/Rappel Device with screwgate carabiner | <input checked="" type="checkbox"/> Ice axe                              |
| <input type="checkbox"/> 1 x runners/tubular sling 120cm              | <input type="checkbox"/> Ice climbing axe                                |
| <input type="checkbox"/> 1 x runners/tubular sling 60 cm              | <input checked="" type="checkbox"/> Trekking pole                        |
| <input type="checkbox"/> 1,2m Cord 6mm                                | <input checked="" type="checkbox"/> Back pack 30/40L                     |
| <input type="checkbox"/> 2,4m Cord 6mm                                |  |
| <input type="checkbox"/> Via ferrata set                              |  |