

LYSKAMM E. 4527m & LYSKAMM W. 4491m - TRAVERSE



One of the most famous ridges of the Alps. This fantastic ride connects the two summits of Lyskamm along an incredible snow ridge suspended over the space of the north face. It is possible to traverse in both directions, but we suggest you the direction East to West. In this way, we will meet the early morning light at the beginning of the E ridge and we will descent the W face when snow is still well frozen. ATTENTION It is possible to make the traverse in the opposite direction. The choice of the route is based on the evaluation of the conditions of the glacier as described by the Alpine Guide. The traverse from east to west therefore foresees an overnight stay at the Gnifetti refuge and the ticket for the cableway from Staffal to Punta Indren and the descent from Bettaforca to Staffal. The price of the crossing is the same for both directions.

Program:

- 1st day: Meeting with the guide in Staffal around 14:00p.m. - Equipment check. We will take the cable car up to Punta Indren. From there we easily hike up to the Gnifetti hut, where we overnight.
↑ 1:00 hours - 370m
- 2nd day: Departure around 5:00 depending on the period of the year. We will follow the trail going to Margherita hut until the proximity of the Lys Pass; here we joint the feet of the E ridge; this ridge gives you already an idea of the terrain we are going to traverse for the rest of the day. We climb it until the Lyskamm O; from this summit, an easy descent goes to the wide saddle between the two summits. The following part have also some mixt climbing up to grade II° just before the Lyskamm Occ. Here we start the descent along the steep West face, down to the Felik Pass and the Sella hut. After a quick stop at the hut, we keep going down to the Passo Bettaforca and the lift.
↑ 5:00 hours 950m ↓ 5-6 hours 1800m

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You have to know:

Accommodation: Q. Sella hut (3585m) or Gnifetti hut CAI (3647m)



Meeting point: At 14:00p.m. in our office in Staffal (Hotel Nordend near to the bar FZRY).

Requirements: Steep terrain, exposed snow ridges and rock climbing up to grade II°. You should have already made similar tours.

Please note: Depending on the conditions of the ridge the mountain guide, to guarantee a reasonable margin of safety, can decide to do this tour with 1 or 2 participants.

Equipment: See the equipment list below.

Weather: In the high mountains, even in summer, there could be extreme weather conditions. Three/four days before the tour/trip, we will check the weather forecast in the area, and we will inform you about it!

Leading Guide: Mountain Guide of Guidemonterosa. Shortly before the tour, you will get the phone number of the guide. For all other questions, please contact our office.

Services and prices:

Services included:

- Mountain Guide IFMGA for 2 days
- Overnight in Rifugio Quintino Sella (3585m) or Capanna Gnifetti CAI (3647m) in halfboard
- Cable car Ticket Staffal-Bettaforca or Staffal Punta Indren
- Equipment: Harness, crampons ice axe/sticks,
- Special Price for rental Boots in Ambaradanspitz
- Organization of your stay in Gressoney

Additional costs: drinks, lunch, travel expenses, if necessary equipment.

Prices: 1 participant Euro 1350,00

Helpful for preparation:

Apparel / Clothing: We recommend functional clothing / layering principle so you can react to the different temperatures.

Boots: Waterproof mountaineering boots suitable for crampons.

Lunch: Snacks and drinks you can buy in the hut. Please take some snacks and drinks with you.

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Back pack: Do not put too many things! You will be amazed how few things you need. Functional clothing for the day and a change shirt for the hut is usually enough. At the end you have to carry your back pack. We recommend a back pack with 30-40L.

Maps: Monte Rosa - Alte valli d'Ayas e del Lys - L'Escursionista | ESC08 | 1:25000
Swisstopo – Combination No. 2515 Zermatt-Gornergrat 1:25000
Swisstopo – No. 294 Gressoney 1:50000

For any further questions...

We are happy to help you for any further questions. Please contact our office.
The equipment list is attached bellow.

Equipment list

All you need for this event is marked as

Apparel / Clothing

- | | |
|--|---|
| <input checked="" type="checkbox"/> Mountain jacket Gore-Tex | <input checked="" type="checkbox"/> Gloves |
| <input checked="" type="checkbox"/> Poss. light mountain pant Gore-Tex | <input checked="" type="checkbox"/> Warm, breathable clothing |
| <input checked="" type="checkbox"/> Robust and elastic mountain pants for example Soft Shell pants | <input checked="" type="checkbox"/> Trekking / Mountaineering socks |
| <input checked="" type="checkbox"/> Spare underwear | <input checked="" type="checkbox"/> Beanie / headband |

Additional material

- | | |
|---|--|
| <input checked="" type="checkbox"/> Sunglasses with high protection | <input checked="" type="checkbox"/> Headlamp with spare batteries |
| <input checked="" type="checkbox"/> Sun-tanning crème / lip balm - lip care | <input checked="" type="checkbox"/> Water bottle |
| <input checked="" type="checkbox"/> Light toiletry not too much | <input checked="" type="checkbox"/> Pocket knife |
| <input checked="" type="checkbox"/> Event. silk sleeping bag | <input checked="" type="checkbox"/> Alpine club identification CAI/DAV/SAC |
| <input checked="" type="checkbox"/> Poss. photo equipment | <input checked="" type="checkbox"/> ID / Passport |
| <input checked="" type="checkbox"/> Poss. first aid kit to coordinate with mountain guide | <input checked="" type="checkbox"/> Poss. Oropax |
| | <input checked="" type="checkbox"/> Poss. map |

Boots / Gaiter

- | | |
|---|--|
| <input type="checkbox"/> Mountaineering/Trekking boots | <input type="checkbox"/> Climbing boots |
| <input checked="" type="checkbox"/> Mountaineering boots for crampons | <input checked="" type="checkbox"/> Gaiter |
| <input type="checkbox"/> Approaching boots | |

Technical mountaineering material

- | | |
|---|--|
| <input checked="" type="checkbox"/> Harness | <input type="checkbox"/> 2,4m Cord 6mm |
| <input checked="" type="checkbox"/> 1 x HMS screwgate carabiner | <input type="checkbox"/> Via ferrata set |
| <input type="checkbox"/> 2 x HMS screwgate carabiner | <input type="checkbox"/> Helmet |
| <input type="checkbox"/> Quickdraw | <input type="checkbox"/> Chalk bag |
| <input type="checkbox"/> Belay/Rappel Device with screwgate carabiner | <input type="checkbox"/> 1 x Ice screw |
| <input type="checkbox"/> 1 x runners/tubular sling 120cm | <input checked="" type="checkbox"/> Crampons with anti-balling/anti-snow |
| <input type="checkbox"/> 1 x runners/tubular sling 60 cm | <input checked="" type="checkbox"/> Ice axe |
| <input type="checkbox"/> 1,2m Cord 6mm | <input type="checkbox"/> Ice climbing axe |

Trekking pole

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Backpack 30/40L