



The program of the Silver tour gives to you the opportunity to discover more aspects of the Monte Rosa area and to challenge yourself with a bit more of difficulty than the Bronze Tour. If you are looking for a bigger collection of peaks this tour give you also the possibility to go home with a prey of not less than 6 peaks over the 4000 meters.

**Program:**

- 1<sup>st</sup> day:** meeting with the mountain guide in Staffal at 10:00; after the check of the equipment we take the lifts up to the Colle Bettaforca. Here, waiting for us, there is a 4x4; with that we go down first to St. Jacques and then up to The Piani di Verra (about 1:00 hour drive). From here we start to walk along the trail that, following the moraine left by the Verra Glacier, goes up to the Mezzalama hut (where we can stop for a quick meal). From here, then, we will walk along rocks, roches moutonnées and some snow patches until the last steep section, equipped with some fixed rope, that bring us to the door of the Guide di Ayas hut, where we overnight.  
 ⬆️ 3:30 hours 1000m ⬇️ 1:30 hours 600 m
- 2<sup>nd</sup> day:** departure around 6:00 depending on the period of the year. First, we walk along the glacier in direction of the base of the Pollux SW ridge. We climb this peak along the rocky SW ridge (some places are equipped with ropes. The last part is along an easy snow ridge to the top. On the way down, we follow the same itinerary. From the base, we traverse in direction of the Castore West face. We walk along the slopes almost to the top of the face; we cross the "bergschrund" and we follow the last narrow snow ridge to the top. On the way down, we follow the popular East ridge to Colle Felik and after a steeper section; we arrive on the Felik Glacier that we cross in direction of the Sella hut where we overnight.  
 ⬆️ 4:00-5:00 hours 1100 m ⬇️ 3:00 hours 900m
- 3<sup>rd</sup> day:** departure at around 6:00 depending on the period of the year. From the hut, we walk along the West Lys Glacier, just below the Lyskamm south face. We arrive at the base of the Naso del Lyskamm. Depending on the condition, we can climb it along the snow face or following the rocks on the left. From the top, we go down along a steep snow face to the Lys Glacier. We start to walk along this glacier, we pass the Lys Pass and we keep going up to the Margherita hut where we overnight.  
 ⬆️ 5:00-6:00 hours 1300 m ⬇️ 1:00 hours 310m

4<sup>th</sup> day: departure at around 6:00 depending on the period of the year. We climb first the Zumsteinspitze along the regular route. From this first summit, we start the descent to the valley and on the way, depending on our shape; we can climb others peak, such as Parrotspitze, Ludwigshöhe and Corno Nero. From this last one we go down Rifugio Gnifetti. We stop here for few minutes, we repack everything and we go down to P.ta Indren lift station.  
↑ 1:30 hours 350 m ↓ 4:00 hours 1600m

#### You have to know:

**Accommodation:** Guide Ayas hut (3390m) with half board service  
Q. Sella hut (3585m) with half board service  
Margherita hut (4559m) with half board service

**Meeting point:** At 13:30p.m. in our office in Staffal (Hotel Nordend near to the bar da Giovanni).

**Requirements:** no particular technical difficulties; the ascent to Pollux requires some easy climbing and a short effort to pass over the fixed ropes; the traverse of Naso del Lyskamm has some easy rocks and steep snow slopes. This tour is suitable for hikers in really good shape.

**Equipment:** See the equipment list below.

**Weather:** In the high mountains, even in summer, there could be extreme weather conditions. Three/four days before the tour/trip, we will check the weather forecast in the area, and we will inform you about it!

**Leading Guide:** Mountain Guide or Asp. Guide of Guidemonterosa. Shortly before the tour, you will get the phone number of the guide. For all other questions, please contact our office.

#### Services and prices:

**Services included:** Mountain Guide IFMGA or Asp. Guide for four days

**Additional costs:** Overnight stay in the huts in HB also for the mountain guide, lift up to Passo Bettaforca and down from P.ta Indren, taxi 4X4 drinks, lunch, travel expenses, if necessary equipment.

**Prices:**  
1 participant: Euro 1600,00  
2 participants: Euro 800,00 per part.  
3 participants: Euro 614,00 per part.  
4 participants: Euro 520,00 per part

#### Helpful for preparation:

**Apparel / Clothing:** We recommend functional clothing / layering principle so you can react to the different temperatures.

**Boots:** Mountaineering boots for crampons.

**Lunch:** Snacks and drinks you can buy in the hut. Please take some snacks and drinks with you.

**Backpack:** Do not put too many things! You will be amazed how few things you need. Functional clothing for the day and a change shirt for the hut is usually enough. At the end, you have to carry your back pack. We recommend a back pack with 30-40L.

**Maps:** Monte Rosa - Alte valli d'Ayas e del Lys L'Escursionista | ESC08 | 1:25000  
Swisstopo – No. 294 Gressoney 1:50000

For any further questions...

We are happy to help you for any further questions. Please contact our office.  
The equipment list is attached below.

Equipment list

All you need for this event is marked as

Apparel / Clothing

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Mountain jacket Gore-Tex                                       | <input checked="" type="checkbox"/> Gloves                          |
| <input checked="" type="checkbox"/> Poss. light mountain pant Gore-Tex                             | <input checked="" type="checkbox"/> Warm, breathable clothing       |
| <input checked="" type="checkbox"/> Robust and elastic mountain pants for example Soft Shell pants | <input checked="" type="checkbox"/> Trekking / Mountaineering socks |
| <input checked="" type="checkbox"/> Spare underwear  | <input checked="" type="checkbox"/> Beanie / headband               |

Additional material

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Sunglasses with high protection            | <input checked="" type="checkbox"/> Headlamp with spare batteries          |
| <input checked="" type="checkbox"/> Sun-tanning crème / lip balm - lip care    | <input checked="" type="checkbox"/> Water bottle                           |
| <input checked="" type="checkbox"/> Light toiletry not too much                | <input checked="" type="checkbox"/> Pocket knife                           |
| <input checked="" type="checkbox"/> Event. silk sleeping bag                   | <input checked="" type="checkbox"/> Alpine club identification CAI/DAV/SAC |
| <input checked="" type="checkbox"/> Poss. photo equipment                      | <input checked="" type="checkbox"/> ID / Passport                          |
| <input type="checkbox"/> Poss. first aid kit to coordinate with mountain guide | <input checked="" type="checkbox"/> Poss. Oropax                           |
|  | <input checked="" type="checkbox"/> Poss. map                              |

Boots / Gaiter

- |   |  |
|---|--|
| <input type="checkbox"/> Mountaineering/Trekking boots                | <input type="checkbox"/> Climbing boots    |
| <input checked="" type="checkbox"/> Mountaineering boots for crampons | <input checked="" type="checkbox"/> Gaiter |
| <input type="checkbox"/> Approaching boots                            |  |

Technical mountaineering material

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Harness                           | <input type="checkbox"/> Via ferrata set                                 |
| <input checked="" type="checkbox"/> 1 x HMS screwgate carabiner       | <input type="checkbox"/> Helmet  |
| <input type="checkbox"/> 2 x HMS screwgate carabiner                  | <input type="checkbox"/> Chalk bag                                       |
| <input type="checkbox"/> Quickdraw                                    | <input type="checkbox"/> 1 x Ice screw                                   |
| <input type="checkbox"/> Belay/Rappel Device with screwgate carabiner | <input checked="" type="checkbox"/> Crampons with anti-balling/anti-snow |
| <input type="checkbox"/> 1 x runners/tubular sling 120cm              | <input checked="" type="checkbox"/> Ice axe                              |
| <input type="checkbox"/> 1 x runners/tubular sling 60 cm              | <input type="checkbox"/> Ice climbing axe                                |
| <input type="checkbox"/> 1,2m Cord 6mm                                | <input checked="" type="checkbox"/> Trekking pole                        |
| <input type="checkbox"/> 2,4m Cord 6mm                                | <input checked="" type="checkbox"/> Back pack 30/40L                     |