



The highest peak of the Alps does not need more others presentation. Since its first ascent on 8 august 1786, made by Jacques Balmat and Michel Paccard, every mountain lover want to stand up on top of it, once in a life. The panorama from there is neverending! There are 2 regular route and they all have their proper advantages and problems: the "Gouter Route" and the "Trois Mont Blanc Route". Depending on the actual conditions with the guide you will decide which one give more chance to reach the top. Both of the routes are climbable with a ratio of maximum 2 clients per Mountain Guide; in this way we can assure a perfect attention to all small details during our climbing and we increase your chances of success. Climbing to the peak of Mont-Blanc is a serious undertaking and It is highly recommended to physically prepare yourself long before the climb. More over by choosing one of our preparation course in the Monte Rosa area you are giving yourself a better chance to succeed. Feel free to ask more information to our office.

Program:

Program "Gouter Route"

1st day: meeting with the guide in Les Houches at the Lift station for Bellevue. After the check of the equipment we take the cable car to Bellevue from where there is the connection with the train for the Nid d'Aigle. From there along a nice trail we reach the Refuge Tete Rousse. After a quick stop to eat and drink we start the ascent along the infamous face of the Aiguille de Gouter. As fast as possible we traverse The Couloir and we reach the safer rocky spur. Along it we reach the top of the face and we traverse to the new Gouter hut.

2nd day: early departure from the hut; a short flat section of the ridge gives us the possibility to warm up; after that on a regular slope of the glacier we go up to the proximity of the Dome de Gouter. A quick descent to the Col and we continue to walk up to the Vallot hut where normally the early morning light arrives. After a quick stop to eat and drink we start to climb the last part of the ascent along the Arete des Bosses. The last part of the ascent is amazing with the ridge that loose inclination and become flat and wide close to the Top. The way down we follow Gouter Route.

↑ From Gouter hut 4 to 5 hours 1000m (+1600m vertical to the hut) ↓ 5 hours 2400 m

Program "Trois Mont Blanc Route"

- 1st day:** meeting with the guide in Chamonix at the Lift station for Aiguille de Midi. After the check of the equipment we take the cable car to the top of the Aiguille de Midi. From there with a quick descent along the exposed ridge and the flat glacier de Midi we arrive at the Refuge de Cosmiques.
- 2nd day:** early departure from the hut; a short flat section along the Col de Midi give us the chance to warm up. After that we start we the steep ascent of the Mont Blanc di Tacul. On top of this face we traverse at the base of the steep face of the Mont Maudit. The last part of it is the "crux" of the route; a 100meters long slope up to 50°, that depending on conditions can be somewhere icy.
After that we traverse with some short descent to the Col de la Brenva from where start the last long ascent to the top. We pass the Mur de la Cote and step after step we see the top getting closer. Suddenly we will see people coming up from the opposite ridge; that's the top.
The way down is along the same itinerary.
↑5 to 8 hours 1400m ↓ 3 hours 1400m (+300m vertical back to the lift)

You have to know:

- Accommodation:** Gouter hut or Cosmiques hut
- Meeting point:** In Chamonix by appointment.
- Requirements:** Steep, mixed terrain and confidence with high altitude environment. We suggest to arrive in a very good shape and with a good acclimatization. Some previous experience in high altitude is mandatory
- Weather:** In the high mountains, even in summer, there could be extreme weather conditions. Three/four days before the tour/trip, we will check the weather forecast in the area, and we will inform you about it!
- Leading Guide:** Mountain Guide of Guidemonterosa. Shortly before the tour, you will get the phone number of the guide. For all other questions please contact our office.

Services and prices:

- Services included:** Mountain Guide IFMGA for two days
- Additional costs:** Cable car, drinks, lunch, travel expenses, mountain hut expenses also for the guide and if necessary equipment.
- Prices:** 1 participant: Euro 1150,00
2 participants: Euro 690,00 per part.

Helpful for preparation:

- Apparel / Clothing:** We recommend functional clothing / layering principle so you can react to the different temperatures. Mont Blanc summit can be very cold make sure you have right gloves and clothes.
- Boots:** Mountaineering boots for crampons.
- Lunch:** Please take some snacks and drinks with you.
- Back pack:** Do not put too many things! You will be amazed how few things you need. Functional clothing for the day. At the end you have to carry your back pack. We recommend a back pack with 30-40L.
- Maps:** Monte Bianco 1:25000 L'Escursionista editore

For any further questions...

We are happy to help you for any further questions. Please contact our office.

Equipment list

All you need for this event is marked as

Apparel / Clothing

- | | |
|--|---|
| <input checked="" type="checkbox"/> Mountain jacket Gore-Tex | <input checked="" type="checkbox"/> Gloves |
| <input checked="" type="checkbox"/> Poss. light mountain pant Gore-Tex | <input checked="" type="checkbox"/> Warm, breathable clothing |
| <input checked="" type="checkbox"/> Robust and elastic mountain pants for example Soft Shell pants | <input checked="" type="checkbox"/> Trekking / Mountaineering socks |
| <input checked="" type="checkbox"/> Spare underwear | <input checked="" type="checkbox"/> Beanie / headband |

Additional material

- | | |
|--|--|
| <input checked="" type="checkbox"/> Sunglasses with high protection | <input checked="" type="checkbox"/> Headlamp with spare batteries |
| <input checked="" type="checkbox"/> Sun-tanning crème / lip balm - lip care | <input checked="" type="checkbox"/> Water bottle |
| <input checked="" type="checkbox"/> Light toiletry not too much | <input checked="" type="checkbox"/> Pocket knife |
| <input checked="" type="checkbox"/> Event. silk sleeping bag | <input checked="" type="checkbox"/> Alpine club identification CAI/DAV/SAC |
| <input checked="" type="checkbox"/> Poss. photo equipment | <input checked="" type="checkbox"/> ID / Passport |
| <input type="checkbox"/> Poss. first aid kit to coordinate with mountain guide | <input type="checkbox"/> Poss. Oropax |
| | <input type="checkbox"/> Poss. map |

Boots / Gaiter

- | | |
|---|--|
| <input type="checkbox"/> Mountaineering/Trekking boots | <input type="checkbox"/> Climbing shoes |
| <input checked="" type="checkbox"/> Mountaineering boots for crampons | <input checked="" type="checkbox"/> Gaiter |
| <input type="checkbox"/> Approaching boots | |

Technical mountaineering material

- | | |
|---|--|
| <input checked="" type="checkbox"/> Harness | <input type="checkbox"/> Via ferrata set |
| <input type="checkbox"/> 1 x HMS screwgate carabiner | <input checked="" type="checkbox"/> Helmet |
| <input checked="" type="checkbox"/> 2 x HMS screwgate carabiner | <input type="checkbox"/> Chalk bag |
| <input type="checkbox"/> Quickdraw | <input type="checkbox"/> 1 x Ice screw |
| <input type="checkbox"/> Belay/Rappel Device with screwgate carabiner | <input checked="" type="checkbox"/> Crampons with anti-balling/anti-snow |
| <input checked="" type="checkbox"/> 1 x runners/tubular sling 120cm | <input checked="" type="checkbox"/> Ice axe |
| <input type="checkbox"/> 1 x runners/tubular sling 60 cm | <input type="checkbox"/> Ice climbing axe |
| <input type="checkbox"/> 1,2m Cord 6mm | <input checked="" type="checkbox"/> Trekking pole |
| <input type="checkbox"/> 2,4m Cord 6mm | <input checked="" type="checkbox"/> Back pack 30/40 liters |