



An incredible traverse, that riding nice ridges, gives you the opportunity to climb Mont Blanc along a spectacular route. We start from the forests in Les Contamines and we reach the solitary valley of the Glacier de Trelatete. From there the nice traverse of the Dome de Miage introduce us to the wildest and nicest part of our tour, the Col de Miage and the Aiguille de Bionassay traverse. Once that we will reach the Dome de Gouter we enter back in the civilization and the crowd of the Mont Blanc regular route.

Program:

- 1st day: meeting with the guide in Chamonix at the parking place of the aiguille de Midi. Transfer by taxi to Les Contamines. We start our approach to the Ref. Des Conscrits. On the way up we pass at the Hotel de Trelatete where we can stop for a drink. On the way from here to the Conscrits the trail is somewhere equipped with fixed ropes and a tibetan bridge
- 2nd day: early departure fom the hut; we start to walk just behind the hut on dry terrain in direction of the Aiguille de la Béragère. Only on the last part we will start to use the rope. From this summit we start the up and down along the several peak of the Domes de Miage mostly on gentle snow ridges. From the point 3673 the ridge becomes rocky and from the point 3668 we start the descent to the Col de Miage on a bit more difficult terrain including a small rappel. On Col de Miage is located the Ref. Durier.
- 3rd day: early departure from the hut; at the beginning we follow a kind of trail just behind the hut that goes up on the wide ridge; after a while the ridge becomes snow and more narrow and we follow it to the base of the rocks. We climb the rocks and the following snow slope to the exposed top of the Aiguille de Bionassay. The following ridge down to the Col de Bionassay is the most tricky part of the whole traverse; probably is the narrowest snow ridge of the Alps and it has to be taken carefully. After that we climb easily to the top of Piton des Italiens where we reach the Italian regular route that we follow until the top of Mont Blanc.
On the way down, if conditions are fine, we highly suggest to traverse to Aiguille de Midi. In this way you will close a magnificent traverse of Mont Blanc.

You have to know:

- Accommodation:** Conscrit hut and Durier huts
- Meeting point:** At 8:00am at the lift station in Chamonix.
- Requirements:** Steep and mixed terrain, exposed ridges, rock climbing up to grade III° and confidence with abseiling technique. You must have already made similar tours. Because of the length and the altitude this tour is suitable for very fit mountaineers.
- Weather:** In the high mountains, even in summer, there could be extreme weather conditions. Three/four days before the tour/trip, we will check the weather forecast in the area, and we will inform you about it!
- Leading Guide:** Mountain Guide of Guidemonterosa. Shortly before the tour, you will get the phone number of the guide. For all other questions please contact our office.

Services and prices:

- Services included:** Mountain Guide IFMGA for three days
- Additional costs:** overnight staying in the hut with HB also for the mountain guide, cable car ticket , taxi transfer, drinks, lunches and if necessary equipment.
- Prices:** 1 participant: Euro 1700,00

Helpful for preparation:

- Apparel / Clothing:** We recommend functional clothing / layering principle so you can react to the different temperatures.
- Boots:** Mountaineering boots for crampons.
- Lunch:** Please take some snacks and drinks with you.
- Back pack:** Do not put too many things! Functional clothing for the days. At the end you have to carry your back pack. We recommend a back pack with 30-40L.
- Maps:** Monte Bianco 1:25000 L'Escursionista editore

For any further questions...

We are happy to help you for any further questions. Please contact our office.

Equipment list

Apparel / Clothing

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|--|---|
| <input checked="" type="checkbox"/> Mountain jacket Gore-Tex | <input checked="" type="checkbox"/> Gloves |
| <input checked="" type="checkbox"/> Poss. light mountain pant Gore-Tex | <input checked="" type="checkbox"/> Warm, breathable clothing |
| <input checked="" type="checkbox"/> Robust and elastic mountain pants for example Soft Shell pants | <input checked="" type="checkbox"/> Trekking / Mountaineering socks |
| <input checked="" type="checkbox"/> Spare underwear | <input checked="" type="checkbox"/> Beanie / headband |

Additional material

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|--|--|
| <input checked="" type="checkbox"/> Sunglasses with high protection | <input checked="" type="checkbox"/> Headlamp with spare batteries |
| <input checked="" type="checkbox"/> Sun-tanning crème / lip balm - lip care | <input checked="" type="checkbox"/> Water bottle |
| <input checked="" type="checkbox"/> Light toiletry not too much | <input checked="" type="checkbox"/> Pocket knife |
| <input checked="" type="checkbox"/> Event. silk sleeping bag | <input checked="" type="checkbox"/> Alpine club identification CAI/DAV/SAC |
| <input checked="" type="checkbox"/> Poss. photo equipment | <input checked="" type="checkbox"/> ID / Passport |
| <input type="checkbox"/> Poss. first aid kit to coordinate with mountain guide | <input type="checkbox"/> Poss. Oropax |
| | <input type="checkbox"/> Poss. map |

Boots / Gaiter

- | | |
|---|---|
| <input type="checkbox"/> Mountaineering/Trekking boots | <input type="checkbox"/> Climbing shoes |
| <input checked="" type="checkbox"/> Mountaineering boots for crampons | <input type="checkbox"/> Gaiter |
| <input type="checkbox"/> Approaching boots | |

Technical mountaineering material

- | | |
|---|--|
| <input checked="" type="checkbox"/> Harness | <input type="checkbox"/> Via ferrata set |
| <input type="checkbox"/> 1 x HMS screwgate carabiner | <input checked="" type="checkbox"/> Helmet |
| <input checked="" type="checkbox"/> 2 x HMS screwgate carabiner | <input type="checkbox"/> Chalk bag |
| <input type="checkbox"/> Quickdraw | <input type="checkbox"/> 1 x Ice screw |
| <input type="checkbox"/> Belay/Rappel Device with screwgate carabiner | <input checked="" type="checkbox"/> Crampons with anti-balling/anti-snow |
| <input checked="" type="checkbox"/> 1 x runners/tubular sling 120cm | <input checked="" type="checkbox"/> Ice axe |
| <input type="checkbox"/> 1 x runners/tubular sling 60 cm | <input type="checkbox"/> Ice climbing axe |
| <input type="checkbox"/> 1,2m Cord 6mm | <input checked="" type="checkbox"/> Trekking pole |
| <input type="checkbox"/> 2,4m Cord 6mm | <input checked="" type="checkbox"/> Back Pack /40 liters |