



The Gran Paradiso, rising in the heart of the National Park, is the highest mountain completely inside the Italian boundary. Very frequented from the regular route it offers also some other nice itinerary; the traverse that connect the Piccolo with the Gran Paradiso offers a nice itinerary along rocky towers and aesthetics snow ridges.

#### Program:

- 1<sup>st</sup> day:** Meeting with the guide at the parking place for Rif. Chabod, few kilometers before Pont Valsavaranche, in the location Pravieux. After the check of the equipment, you start the nice walk along the “royal trail” to the Chabod hut, where we overnight  
↑ 3:00 hours - 900m
- 2<sup>nd</sup> day:** Departure around 3:30 depending on the period of the year. At the beginning, we follow the trail going to Biv Sberna. After a while, we start to follow few sign of trail in direction of the Montandayné Glacier. We cross the glacier and we find our way in the upper and steep part to the col of Montandayné, where we arrive with the sunrise; from the col we first reach the P.ta Vaccarone. Here starts the first and rocky part of the ridge with many towers to cross. After the last one we reach the nice snow ridge that define the North face; we follow it to the main summit. The descent is along the regular route.  
↑ 6-7 hours 1300m ↓ 5-6 hours 2200m

#### You have to know:

- Accommodation:** R. Chabod hut CAI (2750m) with half board service
- Meeting point:** At 13:30p.m. at parking place Loc. Pravieux. Or upon different agreement with the guide
- Requirements:** This traverse is a very complete itinerary; difficulty on rock up to grade III° and some exposed snow ridges. It is suitable for confirmed mountaineers in good shape.
- Equipment:** See the equipment list below.
- Weather:** In the high mountains, even in summer, there could be extreme weather conditions. Three/four days before the tour/trip, we will check the weather forecast in the area, and we will inform you about it!
- Leading Guide:** Mountain Guide of Guidemonterosa. Shortly before the tour, you will get the phone number of the guide. For all other questions please contact our office.

Services and prices:

- Services included: Mountain Guide IFMGA for two days
- Additional costs: Overnight stay in the hut in HB also for the mountain guide, drinks, lunch, travel expenses, if necessary equipment.
- Prices: 1 participant: Euro 950,00

Helpful for preparation:

- Apparel / Clothing: We recommend functional clothing / layering principle so you can react to the different temperatures.
- Boots: Waterproof mountaineering/trekking boots suitable for crampons.
- Lunch: Snacks and drinks you can buy in the hut. Please take some snacks and drinks with you.
- Back pack: Do not put too many things! You will be amazed how few things you need. Functional clothing for the day and a change shirt for the hut is usually enough. At the end you have to carry your back pack. We recommend a back pack with 30-40L.
- Maps: Valle dell'Orco e Gran Paradiso – L'Escursionista | ESC14 | 1:25000

For any further questions...

We are happy to help you for any further questions. Please contact our office.  
The equipment list is attached below.

Equipment list

All you need for this event is marked as

Apparel / Clothing

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Mountain jacket Gore-Tex                                       | <input checked="" type="checkbox"/> Gloves                          |
| <input checked="" type="checkbox"/> Poss. light mountain pant Gore-Tex                             | <input checked="" type="checkbox"/> Warm, breathable clothing       |
| <input checked="" type="checkbox"/> Robust and elastic mountain pants for example Soft Shell pants | <input checked="" type="checkbox"/> Trekking / Mountaineering socks |
| <input checked="" type="checkbox"/> Spare underwear  | <input checked="" type="checkbox"/> Beanie / headband               |

Additional material

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Sunglasses with high protection            | <input checked="" type="checkbox"/> Headlamp with spare batteries          |
| <input checked="" type="checkbox"/> Sun-tanning crème / lip balm - lip care    | <input checked="" type="checkbox"/> Water bottle                           |
| <input checked="" type="checkbox"/> Light toiletry not too much                | <input checked="" type="checkbox"/> Pocket knife                           |
| <input checked="" type="checkbox"/> Event. silk sleeping bag                   | <input checked="" type="checkbox"/> Alpine club identification CAI/DAV/SAC |
| <input checked="" type="checkbox"/> Poss. photo equipment                      | <input checked="" type="checkbox"/> ID / Passport                          |
| <input type="checkbox"/> Poss. first aid kit to coordinate with mountain guide | <input checked="" type="checkbox"/> Poss. Oropax                           |
|  | <input checked="" type="checkbox"/> Poss. map                              |

Boots / Gaiter

- |   |  |
|---|--|
| <input type="checkbox"/> Mountaineering/Trekking boots                | <input type="checkbox"/> Climbing boots    |
| <input checked="" type="checkbox"/> Mountaineering boots for crampons | <input checked="" type="checkbox"/> Gaiter |
| <input type="checkbox"/> Approaching boots                            |  |

Technical mountaineering material

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Harness                           | <input type="checkbox"/> Via ferrata set                                 |
| <input type="checkbox"/> 1 x HMS screwgate carabiner                  | <input checked="" type="checkbox"/> Helmet                               |
| <input checked="" type="checkbox"/> 2 x HMS screwgate carabiner       | <input type="checkbox"/> Chalk bag                                       |
| <input type="checkbox"/> Quickdraw                                    | <input type="checkbox"/> 1 x Ice screw                                   |
| <input type="checkbox"/> Belay/Rappel Device with screwgate carabiner | <input checked="" type="checkbox"/> Crampons with anti-balling/anti-snow |
| <input checked="" type="checkbox"/> 1 x runners/tubular sling 120cm   | <input checked="" type="checkbox"/> Ice axe                              |
| <input type="checkbox"/> 1 x runners/tubular sling 60 cm              | <input type="checkbox"/> Ice climbing axe                                |
| <input type="checkbox"/> 1,2m Cord 6mm                                | <input checked="" type="checkbox"/> Trekking pole                        |
| <input type="checkbox"/> 2,4m Cord 6mm                                | <input checked="" type="checkbox"/> Back pack 30/40L                     |