



Punta Giordani is the lower one among the 4000 meters peaks of Monte Rosa. Just above the lift station of P.ta Indren is the ideal peak for those hikers that, even without technical skill, want to reach a peak over 4000 meters and have a first experience on high altitude. From the summit, there is a spectacular view on the South face of Monte Rosa.

Program:

1st day: Meeting with the guide in Staffal around 7:00a.m. - Equipment check. We will take the cable car up to Punta Indren. Just behind the station, we put crampons and rope and we start to walk along the Indren Glacier. In the middle of the ascent, a small rock is the right place for a longer rest to eat and drink. The last 5 meters are on rock; be quiet, follow the tips of the guide and in few more steps, you are standing close to the Madonna of the summit. The descent follow the same itinerary.
↑ 3:00 hours 770m ↓ 1:30 hours 770 m

You have to know:

Accommodation: No accommodation is required; this is a daily tour

Meeting point: At 7:00am in our office in Staffal (Hotel Nordend near to the bar da Giovanni).

Requirements: no technical difficulties; this tour is suitable for those regular hikers who want to make a first experience in altitude and on this kind of terrain where basic safety rules of mountaineering are necessary

Equipment: See the equipment list below.

Weather: In the high mountains, even in summer, there could be extreme weather conditions. Three/four days before the tour/trip, we will check the weather forecast in the area, and we will inform you about it!

Leading Guide: Mountain Guide of Guidemonterosa. Shortly before the tour, you will get the phone number of the guide. For all other questions, please contact our office.

Services and prices:

Services included	Mountain Guide IFMGA for one days
Additional costs:	cable car to Punta Indren and back, drinks, lunch, travel expenses, if necessary equipment.
Prices:	1 participant: Euro 380,00 Every additional person +25,00€ Maximum 5

Helpful for preparation:

Apparel / Clothing:	We recommend functional clothing / layering principle so you can react to the different temperatures.
Boots:	Waterproof mountaineering/trekking boots suitable for crampons.
Lunch:	Please take some snacks and drinks with you.
Backpack:	As this is a day tour, you do not need to carry too many things. Take with you just an extra layer in case of cold and a shell if it is windy; plus some snacks to eat and some energy drinking. At the end, you have to carry your backpack. We recommend a backpack with 30L.
Maps:	Monte Rosa - Alte valli d' Ayas e del Lys - L'Escursionista ESC08 1:25000 Swisstopo – No. 294 Gressoney 1:50000

For any further questions...

We are happy to help you for any further questions. Please contact our office.
The equipment list is attached bellow.

Equipment list

All you need for this event is marked as

Apparel / Clothing

- | | |
|--|---|
| <input checked="" type="checkbox"/> Mountain jacket Gore-Tex | <input checked="" type="checkbox"/> Gloves |
| <input checked="" type="checkbox"/> Poss. light mountain pant Gore-Tex | <input checked="" type="checkbox"/> Warm, breathable clothing |
| <input checked="" type="checkbox"/> Robust and elastic mountain pants for example Soft Shell pants | <input checked="" type="checkbox"/> Trekking / Mountaineering socks |
| <input type="checkbox"/> Spare underwear | <input checked="" type="checkbox"/> Beanie / headband |

Additional material

- | | |
|---|---|
| <input checked="" type="checkbox"/> Sunglasses with high protection | <input type="checkbox"/> Headlamp with spare batteries |
| <input checked="" type="checkbox"/> Sun-tanning crème / lip balm - lip care | <input checked="" type="checkbox"/> Water bottle |
| <input type="checkbox"/> Light toiletry not too much | <input checked="" type="checkbox"/> Pocket knife |
| <input type="checkbox"/> Event. silk sleeping bag | <input type="checkbox"/> Alpine club identification CAI/DAV/SAC |
| <input checked="" type="checkbox"/> Poss. photo equipment | <input checked="" type="checkbox"/> ID / Passport |
| <input checked="" type="checkbox"/> Poss. first aid kit to coordinate with mountain guide | <input type="checkbox"/> Poss. Oropax |
| | <input checked="" type="checkbox"/> Poss. map |

Boots / Gaiter

- | | |
|---|--|
| <input checked="" type="checkbox"/> Mountaineering/Trekking boots | <input type="checkbox"/> Climbing boots |
| <input type="checkbox"/> Mountaineering boots for crampons | <input checked="" type="checkbox"/> Gaiter |
| <input type="checkbox"/> Approaching boots | |

Technical mountaineering material

- | | |
|---|--|
| <input checked="" type="checkbox"/> Harness | <input type="checkbox"/> Via ferrata set |
| <input checked="" type="checkbox"/> 1 x HMS screwgate carabiner | <input type="checkbox"/> Helmet |
| <input type="checkbox"/> 2 x HMS screwgate carabiner | <input type="checkbox"/> Chalk bag |
| <input type="checkbox"/> Quickdraw | <input type="checkbox"/> 1 x Ice screw |
| <input type="checkbox"/> Belay/Rappel Device with screwgate carabiner | <input checked="" type="checkbox"/> Crampons with anti-balling/anti-snow |
| <input type="checkbox"/> 1 x runners/tubular sling 120cm | <input type="checkbox"/> Ice axe |
| <input type="checkbox"/> 1 x runners/tubular sling 60 cm | <input type="checkbox"/> Ice climbing axe |
| <input type="checkbox"/> 1,2m Cord 6mm | <input checked="" type="checkbox"/> Trekking poles |
| <input type="checkbox"/> 2,4m Cord 6mm | <input checked="" type="checkbox"/> Backpack 30L |