



Dufourspitze 4634m in the Monte Rosa area is the highest mountain in Switzerland and the second highest in the Alps. The SE ridge, Italian regular route, offers a nice climbing on mixt terrain and incredible landscapes.

**Program:**

**1<sup>st</sup> day:** Meeting with the guide in Staffal around 14:00p.m. - Equipment check. We will take the cable car up to Punta Indren. From there we easily hike up to the Gnifetti hut, where we overnight.

↑ 1:00 hours - 370m

**2<sup>nd</sup> day:** Departure around 3:00 depending on the period of the year. We will follow the trail going to Margherita hut until the Gnifetti Pass; from here, we climb first the Zumsteinspitze 4563m and then we start the exposed descent to Grenzsattel. We will follow the ridge and will climb up in rock (II-III) and snow until the Grenzgipfel. From the Grenzgipfel we climb mostly in rock (III) traversing the ridge to the summit of Dufourspitze 4634m. On the way back we will follow the same itinerary. After a stop to Gnifetti hut, we go back to the cable car and the valley.

↑ 6:30 hour's 1100m ↓ 5-6 hours 1500m

**You have to know:**

**Accommodation:** Gnifetti hut CAI (3647m) with half board service.  
Only to very well acclimatized people, we can suggest to sleep at the Margherita hut.

**Meeting point:** At 14:00p.m. in our office in Staffal (Hotel Nordend near to the bar da Giovanni).

**Requirements:** Steep terrain, exposed snow ridges and rock climbing up to grade III°. You should have already made similar tours.

**Please note:** Depending on the conditions of the ridge the mountain guide, to guarantee a reasonable margin of safety, can decide to do this tour with 1 or 2 participants.

**Equipment:** See the equipment list below.

**Weather:** In the high mountains, even in summer, there could be extreme weather conditions. Three/four days before the tour/trip, we will check the weather forecast in the area, and we will inform you about it!

**Leading Guide:** Mountain Guide/ Aspirant of Guidemonterosa. Shortly before the tour, you will get the phone number of the guide. For all other questions, please contact our office.

Services and prices:

Services included:	Mountain Guide IFMGA for two days
Additional costs:	Overnight stay in the hut in HB also for the mountain guide, cable car to Punta Indren and back, drinks, lunch, travel expenses, if necessary equipment.
Prices:	1 participant Euro 1000,00 2 participants Euro 650,00 per part.

Helpful for preparation:

Apparel / Clothing:	We recommend functional clothing / layering principle so you can react to the different temperatures.
Boots:	Waterproof mountaineering boots suitable for crampons.
Lunch:	Snacks and drinks you can buy in the hut. Please take some snacks and drinks with you.
Back pack:	Do not put too many things! You will be amazed how few things you need. Functional clothing for the day and a change shirt for the hut is usually enough. At the end you have to carry your back pack. We recommend a back pack with 30-40L.
Maps:	Monte Rosa - Alte valli d'AYas e del Lys - L'Escursionista   ESC08   1:25000 Swisstopo – Combination No. 2515 Zermatt-Gornergrat 1:25000 Swisstopo – No. 294 Gressoney 1:50000

For any further questions...

We are happy to help you for any further questions. Please contact our office.  
The equipment list is attached below.

Equipment list

All you need for this event is marked as

Apparel / Clothing

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Mountain jacket Gore-Tex                                       | <input checked="" type="checkbox"/> Gloves                          |
| <input checked="" type="checkbox"/> Poss. light mountain pant Gore-Tex                             | <input checked="" type="checkbox"/> Warm, breathable clothing       |
| <input checked="" type="checkbox"/> Robust and elastic mountain pants for example Soft Shell pants | <input checked="" type="checkbox"/> Trekking / Mountaineering socks |
| <input checked="" type="checkbox"/> Spare underwear  | <input checked="" type="checkbox"/> Beanie / headband               |

Additional material

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Sunglasses with high protection                       | <input checked="" type="checkbox"/> Headlamp with spare batteries          |
| <input checked="" type="checkbox"/> Sun-tanning crème / lip balm - lip care               | <input checked="" type="checkbox"/> Water bottle                           |
| <input checked="" type="checkbox"/> Light toiletry not too much                           | <input checked="" type="checkbox"/> Pocket knife                           |
| <input checked="" type="checkbox"/> Event. silk sleeping bag                              | <input checked="" type="checkbox"/> Alpine club identification CAI/DAV/SAC |
| <input checked="" type="checkbox"/> Poss. photo equipment                                 | <input checked="" type="checkbox"/> ID / Passport                          |
| <input checked="" type="checkbox"/> Poss. first aid kit to coordinate with mountain guide | <input checked="" type="checkbox"/> Poss. Oropax                           |
|   | <input checked="" type="checkbox"/> Poss. Map                              |

Boots / Gaiter

- |   |  |
|---|--|
| <input type="checkbox"/> Mountaineering/Trekking boots                | <input type="checkbox"/> Climbing boots    |
| <input checked="" type="checkbox"/> Mountaineering boots for crampons | <input checked="" type="checkbox"/> Gaiter |
| <input type="checkbox"/> Approaching boots                            |  |

Technical mountaineering material

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Harness                           | <input type="checkbox"/> Via ferrata set                                 |
| <input type="checkbox"/> 1 x HMS screwgate carabiner                  | <input type="checkbox"/> Helmet  |
| <input checked="" type="checkbox"/> 2 x HMS screwgate carabiner       | <input type="checkbox"/> Chalk bag                                       |
| <input type="checkbox"/> Quickdraw                                    | <input type="checkbox"/> 1 x Ice screw                                   |
| <input type="checkbox"/> Belay/Rappel Device with screwgate carabiner | <input checked="" type="checkbox"/> Crampons with anti-balling/anti-snow |
| <input checked="" type="checkbox"/> 1 x runners/tubular sling 120cm   | <input checked="" type="checkbox"/> Ice axe                              |
| <input type="checkbox"/> 1 x runners/tubular sling 60 cm              | <input type="checkbox"/> Ice climbing axe                                |
| <input type="checkbox"/> 1,2m Cord 6mm                                | <input checked="" type="checkbox"/> Trekking poles                       |
| <input type="checkbox"/> 2,4m Cord 6mm                                | <input checked="" type="checkbox"/> Backpack 30/40L                      |