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Dent d'Herens, situated at the really end of the Valpelline Valley, suffers a bit its position so close to his Majesty "The Matterhorn"; but it has nothing to envy in terms of beauty. Even Dent d'Herens has a world class North face and if seen from North-West it shows an incredible shape. Luckily it is less frequented than Matterhorn and we are happy about it: this is a promise for a beautiful, solitary and quite ascent!

Program:

- 1st day:** Meeting with the guide at the parking place at the Place Moulin dam. After the check of the equipment with the guide's car we follow the small road that goes along the lake almost at the Prarayer pasture. Here start the nice and easy trail that goes to the Aosta hut, where we overnight.
↑ 4:00 hours - 800m
- 2nd day:** Departure around 3:30 depending on the period of the year. At the beginning we follow the steep trail going to the beginning of the Glacier de Grandes Murailles. We put the crampons and the rope and we start to walk along the glacier in direction of the Tiefenmatten joch. We use the fixed ropes to reach the col where the Tiefenmatten ridge starts. The first part of the ridge is mostly rocky with few towers to cross and climb. We reach the snow slope that easily give access to the last part of the ascent, a narrow mixed ridge arriving directly to the top. The descent is along the same itinerary.
↑ 5-6 hour's 1400m ↓ 5-6 hours 2200m

You have to know:

- Accommodation:** Aosta hut (2780m) with half board service
- Meeting point:** At 11:00 a.m. at parking place Loc. Place Moulin. Or upon different agreement with the guide
- Requirements:** Rock climbing up to grade III°, snow/ice slopes up to 45°; this tour requires already some previous experience in mountaineering.
- Equipment:** See the equipment list below.
- Weather:** In the high mountains, even in summer, there could be extreme weather conditions. Three/four days before the tour/trip, we will check the weather forecast in the area, and we will inform you about it!

DENT D'HERENS 4179m – TIEFENMATTEN RIDGE

Leading Guide: Mountain Guide of Guidemonterosa. Shortly before the tour, you will get the phone number of the guide. For all other questions, please contact our office.

Services and prices:

Services included: Mountain Guide IFMGA for two days

Additional costs: Overnight stay in the hut in HB also for the mountain guide, drinks, lunch, travel expenses, if necessary equipment.

Prices:
1 participant: Euro 1000,00
2 participants: Euro 575,00 per part.

Helpful for preparation:

Apparel / Clothing: We recommend functional clothing / layering principle so you can react to the different temperatures.

Boots: Waterproof mountaineering/trekking boots suitable for crampons.

Lunch: Snacks and drinks you can buy in the hut. Please take some snacks and drinks with you.

Backpack: Do not put too many things! You will be amazed how few things you need. Functional clothing for the day and a change shirt for the hut is usually enough. At the end you have to carry your backpack. We recommend a backpack with 30-40L.

Maps: Valpelline e Saint Barthelemy - L'Escursionista | ESC06 | 1:25000
Swisstopo – No. 1347 Matterhorn 1:25000
Swisstopo – No. 283 Arolla 1:50000

For any further questions...

We are happy to help you for any further questions. Please contact our office. The equipment list is attached bellow.

Equipment list

All you need for this event is marked as

Apparel / Clothing

- | | |
|--|---|
| <input checked="" type="checkbox"/> Mountain jacket Gore-Tex | <input checked="" type="checkbox"/> Gloves |
| <input checked="" type="checkbox"/> Poss. light mountain pant Gore-Tex | <input checked="" type="checkbox"/> Warm, breathable clothing |
| <input checked="" type="checkbox"/> Robust and elastic mountain pants for example Soft Shell pants | <input checked="" type="checkbox"/> Trekking / Mountaineering socks |
| <input checked="" type="checkbox"/> Spare underwear | <input checked="" type="checkbox"/> Beanie / headband |

Additional material

- | | |
|--|--|
| <input checked="" type="checkbox"/> Sunglasses with high protection | <input checked="" type="checkbox"/> Headlamp with spare batteries |
| <input checked="" type="checkbox"/> Sun-tanning crème / lip balm - lip care | <input checked="" type="checkbox"/> Water bottle |
| <input checked="" type="checkbox"/> Light toiletry not too much | <input checked="" type="checkbox"/> Pocket knife |
| <input checked="" type="checkbox"/> Event. silk sleeping bag | <input checked="" type="checkbox"/> Alpine club identification CAI/DAV/SAC |
| <input checked="" type="checkbox"/> Poss. photo equipment | <input checked="" type="checkbox"/> ID / Passport |
| <input type="checkbox"/> Poss. first aid kit to coordinate with mountain guide | <input checked="" type="checkbox"/> Poss. Oropax |
| | <input checked="" type="checkbox"/> Poss. map |

Boots / Gaiter

- | | |
|---|--|
| <input type="checkbox"/> Mountaineering/Trekking boots | <input type="checkbox"/> Climbing boots |
| <input checked="" type="checkbox"/> Mountaineering boots for crampons | <input checked="" type="checkbox"/> Gaiter |
| <input type="checkbox"/> Approaching boots | |

Technical mountaineering material

- | | |
|---|--|
| <input checked="" type="checkbox"/> Harness | <input type="checkbox"/> Via ferrata set |
| <input type="checkbox"/> 1 x HMS screwgate carabiner | <input checked="" type="checkbox"/> Helmet |
| <input checked="" type="checkbox"/> 2 x HMS screwgate carabiner | <input type="checkbox"/> Chalk bag |
| <input type="checkbox"/> Quickdraw | <input type="checkbox"/> 1 x Ice screw |
| <input type="checkbox"/> Belay/Rappel Device with screwgate carabiner | <input checked="" type="checkbox"/> Crampons with anti-balling/anti-snow |
| <input checked="" type="checkbox"/> 1 x runners/tubular sling 120cm | <input checked="" type="checkbox"/> Ice axe |
| <input type="checkbox"/> 1 x runners/tubular sling 60 cm | <input type="checkbox"/> Ice climbing axe |
| <input type="checkbox"/> 1,2m Cord 6mm | <input checked="" type="checkbox"/> Trekking pole |
| <input type="checkbox"/> 2,4m Cord 6mm | <input checked="" type="checkbox"/> Back pack 30/40L |