



The most famous mountain in the world is a dream for many mountain lovers! The Italian regular route, AKA the “Lion Ridge”, is the second easiest way to climb this peak. The fight for the first ascent of this mountain has been described in many books and is one of the most thrilling story about mountaineering. Along the ascent, from the “Corda della sveglia” to the “Passage Thioly”, you will encounter several particular steps with their proper name, helping you to recognize the route and your progression.

#### Program:

- 1<sup>st</sup> day:** Meeting with the guide in Cervinia. After the check of the equipment with a private taxi, we go up to the Rif. Duca degli Abruzzi. At the beginning with some signs of trail and easy scrambling, we reach the Colle del Leone, the real beginning of the ridge. From there, thanks to some fixed rope and some easy climbing we arrive at the Capanna Carrel, where we overnight.  
↑ 4:00 hours - 1030m
- 2<sup>nd</sup> day:** Departure around 4:00 depending on the period of the year. A first difficult step, the “Corda della Sveglia”, introduces us to the climbing. We follow the ridge using the many ropes helping in the steepest sections. We pass the summit of the Pic Tyndall and we arrive at the “Enjambée”, which signs the beginning of the last and steeper part of the ascent. The first summit with the cross is the Italian summit, but if you want to stand on the real top, we still have to walk on the sharp ridge to the Swiss summit. The descent is along the same itinerary.  
↑ 5-6 hour's 1400m ↓ 6-7 hours 2400m

#### You have to know:

- Accommodation:** Capanna Carrel (3830m) the bivouac is not equipped for cooking. We have to carry burner, pots and all the stuff and the food necessary to cook and eat. Water with melting snow or bottles.
- Meeting point:** At 9:00 a.m. in Cervinia. Or upon different agreement with the guide
- Requirements:** This is mostly a rock ascent. Many fixed rope help in the difficult steps; anyway, you have be confident in climbing on grade III°. Because of its length, this tour requires a very good physical shape.
- Equipment:** See the list below

CERVINO 4478m – LION RIDGE

**Weather:** In the high mountains, even in summer, there could be extreme weather conditions. Three/four days before the tour/trip, we will check the weather forecast in the area, and we will inform you about it!

**Leading Guide:** Mountain Guide of Guidemonterosa. Shortly before the tour, you will get the phone number of the guide. For all other questions, please contact our office.

**Services and prices:**

**Services included:** Mountain Guide IFMGA for two days

**Additional costs:** Overnight stay in the bivouac (food for dinner and breakfast has to be agreed with the guide), drinks, lunch, taxi to Oriodé, travel expenses, if necessary equipment.

**Prices:** 1 participant: Euro 1200,00

**Helpful for preparation:**

**Apparel / Clothing:** We recommend functional clothing / layering principle so you can react to the different temperatures.

**Boots:** Waterproof mountaineering boots suitable for crampons.

**Lunch:** Snacks and drinks you can buy in the hut. Please take some snacks and drinks with you.

**Back pack:** Do not put too many things! You will be amazed how few things you need. Functional clothing for the day and a change shirt for the hut is usually enough. At the end, you have to carry your backpack. We recommend a backpack with 30-40L.

**Maps:** Valtournenche e Monte Cervino - L'Escursionista | ESC07 | 1:25000  
Swisstopo Combination No. 25-15 Zermatt-Gornergrat 1:25000  
Swisstopo – No. 283 Arolla 1:50000

**For any further questions...**

We are happy to help you for any further questions. Please contact our office. The equipment list is attached below.

Equipment list

All you need for this event is marked as

Apparel / Clothing

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Mountain jacket Gore-Tex                                       | <input checked="" type="checkbox"/> Gloves                          |
| <input checked="" type="checkbox"/> Poss. light mountain pant Gore-Tex                             | <input checked="" type="checkbox"/> Warm, breathable clothing       |
| <input checked="" type="checkbox"/> Robust and elastic mountain pants for example Soft Shell pants | <input checked="" type="checkbox"/> Trekking / Mountaineering socks |
| <input checked="" type="checkbox"/> Spare underwear  | <input checked="" type="checkbox"/> Beanie / headband               |

Additional material

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Sunglasses with high protection            | <input checked="" type="checkbox"/> Headlamp with spare batteries          |
| <input checked="" type="checkbox"/> Sun-tanning crème / lip balm - lip care    | <input checked="" type="checkbox"/> Water bottle                           |
| <input checked="" type="checkbox"/> Light toiletry not too much                | <input checked="" type="checkbox"/> Pocket knife                           |
| <input checked="" type="checkbox"/> Event. silk sleeping bag                   | <input checked="" type="checkbox"/> Alpine club identification CAI/DAV/SAC |
| <input checked="" type="checkbox"/> Poss. photo equipment                      | <input checked="" type="checkbox"/> ID / Passport                          |
| <input type="checkbox"/> Poss. first aid kit to coordinate with mountain guide | <input checked="" type="checkbox"/> Poss. Oropax                           |
|  | <input checked="" type="checkbox"/> Poss. map                              |

Boots / Gaiter

- |   |  |
|---|--|
| <input type="checkbox"/> Mountaineering/Trekking boots                | <input type="checkbox"/> Climbing boots    |
| <input checked="" type="checkbox"/> Mountaineering boots for crampons | <input checked="" type="checkbox"/> Gaiter |
| <input type="checkbox"/> Approaching boots                            |  |

Technical mountaineering material

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Harness                           | <input type="checkbox"/> Via ferrata set                                 |
| <input type="checkbox"/> 1 x HMS screwgate carabiner                  | <input checked="" type="checkbox"/> Helmet                               |
| <input checked="" type="checkbox"/> 2 x HMS screwgate carabiner       | <input type="checkbox"/> Chalk bag                                       |
| <input type="checkbox"/> Quickdraw                                    | <input type="checkbox"/> 1 x Ice screw                                   |
| <input type="checkbox"/> Belay/Rappel Device with screwgate carabiner | <input checked="" type="checkbox"/> Crampons with anti-balling/anti-snow |
| <input checked="" type="checkbox"/> 1 x runners/tubular sling 120cm   | <input type="checkbox"/> Ice axe   |
| <input type="checkbox"/> 1 x runners/tubular sling 60 cm              | <input type="checkbox"/> Ice climbing axe                                |
| <input type="checkbox"/> 1,2m Cord 6mm                                | <input checked="" type="checkbox"/> Trekking pole                        |
| <input type="checkbox"/> 2,4m Cord 6mm                                | <input checked="" type="checkbox"/> Back pack 30/40L                     |