



The Chalamy River and Canyon is located in the Mont Avic Natural Park, is a tributary of the Dora Baltea River, which runs through the entire Aosta Valley. Our "integral" tour along the canyon/river, with many beautiful slides, jumps and abseiling's is around 1.5 kilometres long and it takes us about five hours to complete it. We return to the starting point with the shuttle and finish the day with a nice lunch and a cold beer.

Programm:

Tagesablauf: Treffpunkt ist mit dem Canyoning Guide um 9 Uhr oder nach Absprache mit dem Büro oder Guide - Materialkontrolle. Wir treffen uns entweder direkt vor Ort oder werden gemeinsam den Transfer organisieren. Vor Ort erhalten alle eine Einweisung und die notwendigen Informationen. Genießen Sie anschließend den schönen Canyon. Dauer ca. 5 Stunden.

You have to know:

- Accommodation:** No accommodation is required; this is a day tour;
- Meeting point:** After consultation with the canyoning guide or the office.
- Requirements:** For Canyoning tours there is no technical knowledge required. You should be a good swimmer and not to be afraid of heights.
- Equipment:** See the equipment list below.
- Weather:** Before the tour/trip, we will check the weather forecast in the area, and we will inform you about it!
- Leading Guide:** Canyoning guide for the tour. Shortly before the tour, you will get the phone number of the guide. For all other questions please contact our office.

Services and prices:

- Services included:** Canyoning Guide for the tour, the necessary equipment for the tour wetsuit, helmet, canyoning harness and the necessary safety material.
- Additional costs:** Drinks, lunch, travel expenses and all other not included services.
- Prices:** Euro 80,00 per person

CANYONING TORRENTE CHALAMY INTEGRAL - VALLE D'AOSTA



Helpful for preparation:

Apparel / Clothing: The necessary canyoning equipment is provided for the tour (wetsuit, helmet, canyoning harness and the necessary safety equipment) in addition, a swimming suite and towel should be brought. Backpack for the clothing depot.

Boots: Running shoes or easy approach shoes.

For any further questions...

We are happy to help you for any further questions. Please contact our office.
The equipment list is attached bellow.

Material Canyoning:

Equipment for canyoning wetsuit, helmet, canyon harness with safety systems is provided. Please bring swimsuit, towel, sneakers or light hiking boots (get wet) and replacement shoes with you.