



Breithorn is probably the easiest 4000 meters peak in the Alps. It is the right place if you want to do a first experience with the high altitude and your first 4000m peak. From the top you will enjoy an amazing view that goes from Monte Rosa to Mont Blanc including the Walliser peaks with Matterhorn so close that you can almost touch it.... almost!

Program:

1st day: Meeting with the guide in Cervinia around 7:30a.m. - equipment check. We will take the cable car up to Plateau Rosa. From there we start to hike up along the ski piste to the Colle del Breithorn. Here we leave finally the civilization and we approach the last steep section of the climbing. The last ridge is outstanding and with a last small effort you are on top. The descent follow the same itinerary.
↑ 3:00/3:30 hours 700m ↓ 2:00 hours 700 m

You have to know:

Accommodation: No accommodation required; this is a day tour

Meeting point: At 7:30am at the lift station in Cervinia.

Requirements: This is a perfect tour to have an introduction to the high altitude and your first 4000m peak; there are no technical difficulties so it is suitable to all hikers with a minimum of fitness.

Equipment: See the equipment list below.

Weather: In the high mountains, even in summer, there could be extreme weather conditions. Three/four days before the tour/trip, we will check the weather forecast in the area, and we will inform you about it!

Leading Guide: Mountain Guide or Aspirant of Guidemonterosa. Shortly before the tour, you will get the phone number of the guide. For all other questions please contact our office.

Services and prices:

Services included: Mountain Guide or Aspirant IFMGA for one days

Additional costs: Cable car to Plateau Rosa and back, drinks, lunch, travel expenses, if necessary equipment.

Prices: 1 participant: Euro 380,00
Every additional person +25,00€
Maximum 5

Helpful for preparation:

- Apparel / Clothing:** We recommend functional clothing / layering principle so you can react to the different temperatures.
- Boots:** Waterproof mountaineering/trekking boots suitable for crampons.
- Lunch:** Please take some snacks and drinks with you.
- Back pack:** As this is a day tour you don't need to carry too many things. Take with you just an extra layer in case of cold and a shell if it is windy; plus some snacks to eat and some energy drinking. At the end you have to carry your back pack. We recommend a back pack with 30L.
- Maps:** Monte Rosa - Alte valli d'Ayas e del Lys L'Escursionista | ESC08 | 1:25000
Swisstopo Combination No. 25-15 Zermatt-Gornergrat 1:25000
Swisstopo – No. 284 Mischabel 1:50000

For any further questions...

We are happy to help you for any further questions. Please contact our office.
The equipment list is attached below.

Equipment list

All you need for this event is marked as

Apparel / Clothing

- | | |
|--|---|
| <input checked="" type="checkbox"/> Mountain jacket Gore-Tex | <input checked="" type="checkbox"/> Gloves |
| <input checked="" type="checkbox"/> Poss. light mountain pant Gore-Tex | <input checked="" type="checkbox"/> Warm, breathable clothing |
| <input checked="" type="checkbox"/> Robust and elastic mountain pants for example Soft Shell pants | <input checked="" type="checkbox"/> Trekking / Mountaineering socks |
| <input type="checkbox"/> Spare underwear | <input checked="" type="checkbox"/> Beanie / headband |

Additional material

- | | |
|--|---|
| <input checked="" type="checkbox"/> Sunglasses with high protection | <input type="checkbox"/> Headlamp with spare batteries |
| <input checked="" type="checkbox"/> Sun-tanning crème / lip balm - lip care | <input checked="" type="checkbox"/> Water bottle |
| <input type="checkbox"/> Light toiletry not too much | <input checked="" type="checkbox"/> Pocket knife |
| <input type="checkbox"/> Event. silk sleeping bag | <input type="checkbox"/> Alpine club identification CAI/DAV/SAC |
| <input checked="" type="checkbox"/> Poss. photo equipment | <input checked="" type="checkbox"/> ID / Passport |
| <input type="checkbox"/> Poss. first aid kit to coordinate with mountain guide | <input type="checkbox"/> Poss. Oropax |
| | <input checked="" type="checkbox"/> Poss. map |

Boots / Gaiter

- | | |
|---|--|
| <input checked="" type="checkbox"/> Mountaineering/Trekking boots | <input type="checkbox"/> Climbing boots |
| <input type="checkbox"/> Mountaineering boots for crampons | <input checked="" type="checkbox"/> Gaiter |
| <input type="checkbox"/> Approaching boots | |

Technical mountaineering material

- | | |
|---|--|
| <input checked="" type="checkbox"/> Harness | <input type="checkbox"/> Via ferrata set |
| <input checked="" type="checkbox"/> 1 x HMS screwgate carabiner | <input type="checkbox"/> Helmet |
| <input type="checkbox"/> 2 x HMS screwgate carabiner | <input type="checkbox"/> Chalk bag |
| <input type="checkbox"/> Quickdraw | <input type="checkbox"/> 1 x Ice screw |
| <input type="checkbox"/> Belay/Rappel Device with screwgate carabiner | <input checked="" type="checkbox"/> Crampons with anti-balling/anti-snow |
| <input type="checkbox"/> 1 x runners/tubular sling 120cm | <input checked="" type="checkbox"/> Ice axe |
| <input type="checkbox"/> 1 x runners/tubular sling 60 cm | <input type="checkbox"/> Ice climbing axe |
| <input type="checkbox"/> 1,2m Cord 6mm | <input checked="" type="checkbox"/> Trekking poles |
| <input type="checkbox"/> 2,4m Cord 6mm | <input checked="" type="checkbox"/> Backpack 30L |