



The Aiguille de Rochefort is a 4001 m high mountain situated in the middle of the long ridge that goes from Dent du Geant to the Grandes Jorasses. The snow ridge that goes to this peak is among some of the most famous and aesthetichs route of the Alps. It's one of the best and recommended day tours in the Mont Blanc area.

#### Program:

**1<sup>st</sup> day:** meeting with the guide at the Mont Blanc lift station at 7:00 o'clock. After the equipment-check we take the lift up to Rif. Torino station. Few steps and we are on the glacier. The first part, until the "Gengiva" is quite easy scrambling. From there we start to follow the narrow snow ridge that with few up and down goes at the bottom of the last difficult cliff. 3 pitches on solid granit and we are on top of the Aiguille de Rochefort.

The way back is along the same itinerary; with 3 rappels we pass the rock cliff and then we follow the ridge back to the "Gengiva". Following the same itinerary of the way up, we go back to Rif. Torino

↑4 to 5 hours 700m ↓ 3 hours 700 m

#### You have to know:

**Accommodation:** Hotel in Courmayeur

**Meeting point:** At 7:00am at the lift station in Courmayeur.

**Requirements:** Steep and mixed terrain, rock climbing up to grade III° and confidence with abseiling technique. Some previous experience in mountaineering is required.

**Weather:** In the high mountains, even in summer, there could be extreme weather conditions. Three/four days before the tour/trip, we will check the weather forecast in the area, and we will inform you about it!

**Leading Guide:** Mountain Guide of Guidemonterosa. Shortly before the tour, you will get the phone number of the guide. For all other questions please contact our office.

#### Services and prices:

**Services included:** Mountain Guide IFMGA for one day

**Additional costs:** Cable car to Torino Hut and back, drinks, lunch, travel expenses, if necessary equipment.

**Prices:** 1 participant: Euro 550,00

#### Helpful for preparation:

**Apparel / Clothing:** We recommend functional clothing / layering principle so you can react to the different temperatures.

**Boots:** Mountaineering boots for crampons.

**Lunch:** Please take some snacks and drinks with you.

**Back pack:** Do not put too many things! You will be amazed how few things you need. Functional clothing for the day. At the end you have to carry your back pack. We recommend a back pack with 30-40L.

**Maps:** Monte Bianco 1:25000 L'Escursionista editore

#### For any further questions...

We are happy to help you for any further questions. Please contact our office.

Equipment list

All you need for this event is marked as

Apparel / Clothing

- |  |   |
|--|---|
| <input checked="" type="checkbox"/> Mountain jacket Gore-Tex                                       | <input checked="" type="checkbox"/> Gloves                          |
| <input checked="" type="checkbox"/> Poss. light mountain pant Gore-Tex                             | <input checked="" type="checkbox"/> Warm, breathable clothing       |
| <input checked="" type="checkbox"/> Robust and elastic mountain pants for example Soft Shell pants | <input checked="" type="checkbox"/> Trekking / Mountaineering socks |
| <input checked="" type="checkbox"/> Spare underwear  | <input checked="" type="checkbox"/> Beanie / headband               |

Additional material

- |  |  |
|--|--|
| <input checked="" type="checkbox"/> Sunglasses with high protection            | <input checked="" type="checkbox"/> Headlamp with spare batteries          |
| <input checked="" type="checkbox"/> Sun-tanning crème / lip balm - lip care    | <input checked="" type="checkbox"/> Water bottle                           |
| <input checked="" type="checkbox"/> Light toiletry not too much                | <input checked="" type="checkbox"/> Pocket knife                           |
| <input checked="" type="checkbox"/> Event. silk sleeping bag                   | <input checked="" type="checkbox"/> Alpine club identification CAI/DAV/SAC |
| <input checked="" type="checkbox"/> Poss. photo equipment                      | <input checked="" type="checkbox"/> ID / Passport                          |
| <input type="checkbox"/> Poss. first aid kit to coordinate with mountain guide | <input type="checkbox"/> Poss. Oropax                                      |
| <input checked="" type="checkbox"/> Backpack 30L                               | <input type="checkbox"/> Poss. map   |

Boots / Gaiter

- |   |   |
|---|---|
| <input type="checkbox"/> Mountaineering/Trekking boots                | <input type="checkbox"/> Climbing shoes |
| <input checked="" type="checkbox"/> Mountaineering boots for crampons | <input type="checkbox"/> Gaiter         |
| <input type="checkbox"/> Approaching boots                            |   |

Technical mountaineering material

- |   |  |
|---|--|
| <input checked="" type="checkbox"/> Harness                           | <input type="checkbox"/> Via ferrata set                                 |
| <input type="checkbox"/> 1 x HMS screwgate carabiner                  | <input checked="" type="checkbox"/> Helmet                               |
| <input checked="" type="checkbox"/> 2 x HMS screwgate carabiner       | <input type="checkbox"/> Chalk bag                                       |
| <input type="checkbox"/> Quickdraw                                    | <input type="checkbox"/> 1 x Ice screw                                   |
| <input type="checkbox"/> Belay/Rappel Device with screwgate carabiner | <input checked="" type="checkbox"/> Crampons with anti-balling/anti-snow |
| <input checked="" type="checkbox"/> 1 x runners/tubular sling 120cm   | <input checked="" type="checkbox"/> Ice axe                              |
| <input type="checkbox"/> 1 x runners/tubular sling 60 cm              | <input type="checkbox"/> Ice climbing axe                                |
| <input type="checkbox"/> 1,2m Cord 6mm                                | <input checked="" type="checkbox"/> Trekking pole                        |
| <input type="checkbox"/> 2,4m Cord 6mm                                |  |