GUIDE MONTEROSA
TRAVEL | MOUNTAINEERING | HELICOPTERS

AOSTA VALLEY

Canyoning

Included Services:



Price on request

Itinerary:

- With several natural slides and small jumps in the clear water holes of the mountains, the **“classic” program** offers many adventures for young and old. We follow the canyon / river to the valley with many slides, jumps and abseiling for about three hours.
- Our **full tour** along the canyon / river, with many slides, jumps and abseiling, is 1.5 km long and we need about five hours to complete it. We return to the starting point by shuttle bus and finish the day with a lunch and a cold beer.

Useful Information:

Thousands of years ago, in the Alps, water and melt made their way through rocks and mountains. Canyoning in the Aosta Valley offers many possibilities for a combination of abseiling, climbing, sliding, jumping, swimming and diving. This adventure is called canyoning or canyoning. The adrenaline rush is guaranteed: you climb the gorge at a high point and then make your way through the options above. Narrow rock passages, climbing sections with ropes and safety systems and deep water points await the participants! The experiment is led by an experienced guide and includes instructions on safety measures for course work and handling of required equipment.

The Aosta Valley, with the Chalamy Gorge (located in the Champdpraz Mont Avic Nature Park), is an excellent starting point for activities. The mountain offers an excellent combination of abseiling, water slides and swimming pools. There are also opportunities for fallbacks and climbing (for example near the bridge). Here we run two different programs depending on the level of experience.

Where we are and contacts:

- In Courmayeur, the helicopter base is located near the Val Veny and Skyway cable cars. Google Maps: HELI GUIDES
  Address: Elisuperficie Franco Garda - Loc. Entreves P.le Funivie Val Veny 11013 Courmayeur (AO) Phone +39 366 629 2888.
- In Gressoney under the Nordend Hotel, next to the Bar Restaurant FZRY;
  Google Maps: Guidemonterosa / Guidemonterosa S.R.L. Fraz. Tschaval 5, 11020 Gressoney la Trinité, (AO) Italy. Phone +39 349 367 4950.

Cancellation insurance and health insurance:

We always recommend a travel cancellation insurance, baggage insurance as well as travel and accident insurance.