GUIDE MONTEROSA
TRAVEL | MOUNTAINEERING | HELICOPTERS

AOSTAVALLEY

Climbing day

Included Services:

- Mountain Guide or Aspirant IFMGA for 1 day



Starting from €300,00 per person

Itinerary:

- **1st Day:** Meeting with the guide, equipment check; transfer to the climbing area. Our guides will choose the best climbing area for your level to fulfill your dreams and expectations.

Useful Information:

Meeting point: To be agreed with the guide
Requirements: We can organize our climbing days for all level of abilities, from beginner to expert. For group booking´s, we can take care individual of the group level.
Apparel/Clothing: We recommend functional clothing to deal with the different temperatures.
Boots: Approach shoes and climbing shoes.
Lunch: Please take some snacks and drinks with you.
Backpack: We recommend a backpack with 20/30L.

Where we are and contacts:

- In Courmayeur, the helicopter base is located near the Val Veny and Skyway cable cars. Google Maps: HELI GUIDES
  Address: Elisuperficie Franco Garda - Loc. Entreves P.le Funivie Val Veny 11013 Courmayeur (AO) Phone +39 366 629 2888.
- In Gressoney under the Nordend Hotel, next to the Bar Restaurant FZRY;
  Google Maps: Guidemonterosa / Guidemonterosa S.R.L. Fraz. Tschaval 5, 11020 Gressoney la Trinité, (AO) Italy. Phone +39 349 367 4950.

Cancellation insurance and health insurance:

We always recommend a travel cancellation insurance, baggage insurance as well as travel and accident insurance.