



## MONTE ROSA

### Via Ferrata

#### Included Services:

Mountain Guide or Aspirant IFMGA for 1 day



Starting from €85,00 per person

### **Itinerary:**

- **1st Day:** Meeting with the Guide, depending on the program of the day. After the Equipment check, you will start your adventure.

### **Useful Information:**

**Meeting point:** In our office in Stafal or upon different agreement with the guide

**Requirements:** Via Ferrata does not require a specific ability; it is suitable for all people in regular shape and with no fear of heights.

**Apparel/Clothing:** We recommend functional clothing to deal with the different temperatures.

**Boots:** Approach shoes or Trekking shoes.

**Lunch:** Please take some snacks and drinks with you.

**Backpack:** We recommend a backpack with 20L.

### **Where we are and contacts:**

- In Courmayeur, the helicopter base is located near the Val Veny and Skyway cable cars. Google Maps: HELI GUIDES  
Address: Elisuperficie Franco Garda - Loc. Entreves P.le Funivie Val Veny 11013 Courmayeur (AO) Phone +39 366 629 2888.
- In Gressoney under the Nordend Hotel, next to the Bar Restaurant FZRY;  
Google Maps: Guidemonterosa / Guidemonterosa S.R.L. Fraz. Tschaval 5, 11020 Gressoney la Trinité, (AO) Italy. Phone +39 349 367 4950.

### **Cancellation insurance and health insurance:**

We always recommend a travel cancellation insurance, baggage insurance as well as travel and accident insurance.