GUIDE MONTEROSA
TRAVEL | MOUNTAINEERING | HELICOPTERS

CERVINO

Cervino Lion Ridge

Included Services:

- Mountain Guide IFMGA for 2 days
- Overnight in Duca degli Abruzzi (2802m) in half board



Starting from €2.215,00 per person

Itinerary:

- **1st Day:** Meeting with the guide in Cervinia. After the check of the equipment with a private taxi, we will go up to the Rif. Duca degli Abruzzi, where we will overnight.
- **Up:** 1:00 hours - 750m
- **2nd Day:** Departure around 04:00am depending on the period of the year. A first difficult step, the “Corda della Sveglia”, introduces us to the climbing. We will follow the ridge using the ropes helping in the steepest sections. We will pass the summit of the Pic Tyndall and arrive at the “Enjambée”, which is the beginning of the last and steeper part of the ascent. The first summit with the cross is the Italian summit, but if you want to stand on the real top, we will have to walk on the sharp ridge to the Swiss summit. The descent is along the same itinerary.
- **Up:** 5-6 hours 1680m
- **Down:** 6-7 hours 2430m

Useful Information:

Meeting point: At 09:00 a.m. in Cervinia. Or upon different agreement with the guide

Requirements: This is mostly a rock ascent. Many fixed rope help in the difficult steps; anyway, you have be confident in climbing on grade III°. Because of its length, this tour requires a very good physical shape.

Apparel/Clothing: We recommend functional clothing to deal with the different temperatures.

Boots: Waterproof mountaineering/trekking boots suitable for crampons.

Lunch: it is reccomended to bring some snacks and drinks with you, according to your needs.

Backpack: We recommend a 30L/40L backpack. Remember that everything you bring you have to carry it. Take with you functional, extra layer in case of cold and a change for the hut, is usually enough.

Where we are and contacts:

- In Courmayeur, the helicopter base is located near the Val Veny and Skyway cable cars. Google Maps: HELI GUIDES
  Address: Elisuperficie Franco Garda - Loc. Entreves P.le Funivie Val Veny 11013 Courmayeur (AO) Phone +39 366 629 2888.
- In Gressoney under the Nordend Hotel, next to the Bar Restaurant FZRY;
  Google Maps: Guidemonterosa / Guidemonterosa S.R.L. Fraz. Tschaval 5, 11020 Gressoney la Trinité, (AO) Italy. Phone +39 349 367 4950.

Cancellation insurance and health insurance:

We always recommend a travel cancellation insurance, baggage insurance as well as travel and accident insurance.