GUIDE MONTEROSA
TRAVEL | MOUNTAINEERING | HELICOPTERS

GRAN PARADISO

# Gran Paradiso Normal Way

**Included Services:**

- Mountain Guide IFMGA for 2 days
- Overnight in Chabod Hut (2710m) or in Vittorio Emanuele Hut (2732m) in half board
- Equipment: Harness, crampons ice axe

## Starting from €540,00 per person

## Itinerary:

- **1st Day:** Meeting with the guide at the parking place for Rif. Chabod, few kilometers before Pont Valsavaranche, in the location Pravieux. After the check of the equipment you will start the nice walk along the “royal trail” to the Chabod hut, where we will overnight
- **Up:** 3:00 hours - 900m
- **2nd Day:** Departure around 5:00 am depending on the period of the year. At the beginning, an easy trail gives access to the moraines and the Lavacieau glacier. We will put crampons and the rope and we will start to walk along that glacier up to the sattle where we will join the route coming up from V. Emanuele hut. After the last easy section on the glacier we will reach the beginning of the last ridge. Few more minutes of scrambling between boulders and we are on top. The descent is along the same itinerary.
- **Up:** 4:30 hours 1300m
- **Down:** 5-6 hours 2200m

## Useful Information:

**Meeting point:** At 01:30p.m. at parking place Loc. Pravieux. Or upon different agreement with the guide.
**Requirements:** This tour has not technical difficulties, except for the last part on the ridge where some moves of easy climbing are required to reach the real top. This tour is suitable to all hikers in a good shape.
**Apparel/Clothing:** We recommend functional clothing to deal with the different temperatures.
**Boots:** Waterproof mountaineering/trekking boots suitable for crampons.
**Lunch:** it is reccomended to bring some snacks and drinks with you, according to your needs.
**Backpack:** We recommend a 30L/40L backpack. Remember that everything you bring you have to carry it. Take with you functional, extra layer in case of cold and a change for the hut, is usually enough.

## Where we are and contacts:

- In Courmayeur, the helicopter base is located near the Val Veny and Skyway cable cars. Google Maps: HELI GUIDES
  Address: Elisuperficie Franco Garda - Loc. Entreves P.le Funivie Val Veny 11013 Courmayeur (AO) Phone +39 366 629 2888.
- In Gressoney under the Nordend Hotel, next to the Bar Restaurant FZRY;
  Google Maps: Guidemonterosa / Guidemonterosa S.R.L. Fraz. Tschaval 5, 11020 Gressoney la Trinité, (AO) Italy. Phone +39 349 367 4950.

## Cancellation insurance and health insurance:

We always recommend a travel cancellation insurance, baggage insurance as well as travel and accident insurance.