GUIDE MONTEROSA
TRAVEL | MOUNTAINEERING | HELICOPTERS

MONTE ROSA

Dufourspitze Normal Way

Included Services:

- Mountain Guide IFMGA or Asp. Guide for 2 days
- Overnight in Capanna Gnifetti CAI (3647m) in half board
- Cable car Ticket Staffal-Punta Indren valid more days round trip
- Equipment: Harness, crampons ice axe
- Special Price for boots rental in Ambaradanspitz



Starting from €1.955,00 per person

Itinerary:

- **1st Day:** Meeting with the guide in Staffal around 02:00p.m. After the equipment check, we will take the cable car up to Punta Indren. From there we will hike up to the Gnifetti hut, where we will sleep overnight.
- **Up:** 1:00 hours - 370m
- **2nd Day:** Departure around 3:00a.m. depending on the period of the year. We will follow the trail going to Margherita hut until the Gnifetti Pass; from there, we will climb first the Zumsteinspitze 4563m and then we will start the exposed descent to Grenzsattel. We will follow the ridge and we will climb up in rock (II-III) and snow, until the Grenzgipfel. From the Grenzgipfel we will climb mostly in rock (III) traversing the ridge to the summit of Dufourspitze 4634m. On the way back, we will follow the same itinerary. After a stop to Gnifetti hut, we will go back to the cable car.
- **Up:** 6:30 hour's 1100m
- **Down:** 5-6 hours 1500m

Useful Information:

Meeting point: At 02:00pm in our office in Staffal (Hotel Nordend near to the bar FZRY)
Requirements: Steep terrain, exposed snow ridges and rock climbing up to grade III°. You should have already made similar tours.
Apparel/Clothing: We recommend functional clothing / layers principle, in order to deal with the different temperatures.
Boots: Waterproof mountaineering boots suitable for crampons.
Lunch: it is reccomended to bring some snacks and drinks with you, according to your needs. You will also have the opportunity to buy some snacks and drinks at the Hut.
Backpack: We recommend a 30L/40L backpack. Remember that everything you bring you have to carry it. Take with you functional, extra layer in case of cold, a shell if it is windy and a change for the hut, is usually enough.

Where we are and contacts:

- In Courmayeur, the helicopter base is located near the Val Veny and Skyway cable cars. Google Maps: HELI GUIDES
  Address: Elisuperficie Franco Garda - Loc. Entreves P.le Funivie Val Veny 11013 Courmayeur (AO) Phone +39 366 629 2888.
- In Gressoney under the Nordend Hotel, next to the Bar Restaurant FZRY;
  Google Maps: Guidemonterosa / Guidemonterosa S.R.L. Fraz. Tschaval 5, 11020 Gressoney la Trinité, (AO) Italy. Phone +39 349 367 4950.

Cancellation insurance and health insurance:

We always recommend a travel cancellation insurance, baggage insurance as well as travel and accident insurance.