GUIDE MONTEROSA
TRAVEL | MOUNTAINEERING | HELICOPTERS

MONTE ROSA

Punta Giordani Normal Way

Included Services:

- Mountain Guide or Aspirant IFMGA for 1 day



Starting from €136,00 per person

Itinerary:

- **1st Day:** Meeting with the guide in Staffal around 7:00a.m. After the equipment check, we will take the cable car up to Punta Indren. Just behind the station, we will put crampons and rope and we will start to walk along the Indren Glacier. In the middle of the ascent we will take a rest to eat and drink. The last 5 meters will be on rock; don't worry, with the tips of the guide and few more steps, you will be standing close to the Madonna of the summit. The descent follows the same itinerary
- **Up:** 3:00 ore 770m
- **Down:** 1:30 ore 770m

Useful Information:

Meeting point: At 7:00am in our office in Staffal (Hotel Nordend near to the bar FZRY) Requirements: No technical difficulties; this tour is suitable for those regular hikers who want to make a first experience in high altitude and on this kind of terrain, where basic safety rules of mountaineering are necessary
Apparel/Clothing: We recommend functional clothing / layers principle, in order to deal with the different temperatures.
Boots: Waterproof mountaineering/trekking boots suitable for crampons.
Lunch: It is reccomended to bring some snacks and drinks with you, according to your needs.
Backpack: We recommend a 20-30L backpack. Remember that everything you bring you have to carry it. Take with you an extra layer in case of cold.

Where we are and contacts:

- In Courmayeur, the helicopter base is located near the Val Veny and Skyway cable cars. Google Maps: HELI GUIDES
  Address: Elisuperficie Franco Garda - Loc. Entreves P.le Funivie Val Veny 11013 Courmayeur (AO) Phone +39 366 629 2888.
- In Gressoney under the Nordend Hotel, next to the Bar Restaurant FZRY;
  Google Maps: Guidemonterosa / Guidemonterosa S.R.L. Fraz. Tschaval 5, 11020 Gressoney la Trinité, (AO) Italy. Phone +39 349 367 4950.

Cancellation insurance and health insurance:

We always recommend a travel cancellation insurance, baggage insurance as well as travel and accident insurance.